## **Chemical Dependency Assessments**

If an individual has been arrested for a drug or alcohol charge, the court may have the offender complete a substance use evaluation also known as a chemical dependency assessment (CDA). Before final sentencing, a CDA may determine how the court will sentence the offender.

A chemical dependency assessment consists of a biological, psychological, and social evaluation as well as the completion of a standardized test. Additionally, a detailed interview with a certified treatment provider will examines the offender's substance abuse and criminal history, educational, medical and mental history. Based on the information, the treatment provider will then make a recommendation for final sentencing.

### Goal

A chemical dependency evaluation is used to identify the possible presence and extent of a person's drug or alcohol problem. The evaluation also allows for the development of a treatment plan which will address the person's specific problem with alcohol or drugs.

## Registration

To register, please visit our office in person - Special Programs and Services Section. We are located on the first floor of the Henderson Justice Facility located at 243 S. Water Street, Henderson, NV 89015.

### Cost

- \$100. Must be paid in full prior to scheduling an evaluation.
- Rescheduling fee \$50
- If you scheduled your CDA within 7 days of your Court appearance, there is an additional fee of \$75
- Special Programs and Services accepts cash, credit or debit card (excluding American Express) or money order.

# **Availability of Appointment**

Evaluators are available weekly to complete evaluations.

#### Assessment Format

- Once an appointment is made in person at the office, you will be given some reading material as well as a standardized test to take home and complete.
- The assessment takes approximately two (2) hours to complete the whole process with the counselor appointment taking approximately 45 minutes.
- It may take the counselor approximately a week to complete the written assessment. This report will be provided to the offender, their attorney or public defender, the court or any other entity designated in a consent to release information form.

If further information is needed, then please call 702-267-1350.

## **REACH Program**

The REACH program is a Level I outpatient substance abuse counseling program. It is managed by licensed (LADC) Master-level alcohol and drug counselors who have been in the field of chemical dependency for many years. Many of our clients have been Court-ordered to attend substance abuse counseling as a result of their legal involvement. The Reach program is a convenient and affordable community program they can access to learn the tools they can use to change their lives.

#### Goal

To educate and support our clients in recognizing that alcoholism and addiction is a primary progressive disease rather than a moral consequence, character weakness, or psychological dysfunction. We teach individuals with addictions to alcohol or drugs to approach their disease as a treatable condition with a high potential for lasting recovery.

## Registration

To register, you may visit our office or call 702-267-1350 to make an appointment. You must provide a copy of your Court order.

### Cost

- Intake session is \$50.00, payable at time of intake. Each group session is \$20.00.
- Special Programs and Services accepts cash, credit or debit card (excluding American Express) or money order.

## **Course Availability**

REACH classes are available four days a week.

### **Course Format**

- Weekly abstinence-based group therapy sessions facilitated by State Licensed counselors.
- The counseling philosophy is a Person-Centered approach that fosters the belief that people need to take responsibility for their own actions, problems, and lives.
- Teaching tools include group therapy sessions, lectures, discussions, homework, and videos.

# **Course Content**

- Intake session comprised of an evaluation and the signing of paperwork related to confidentiality, client's rights and responsibilities and the group therapy process.
- Understanding addiction as a disease
- Genetic predisposition to alcoholism/addiction
- Progression of the disease and medical aspects pertaining to it
- Strong emphasis on "Relapse Prevention"

- Overview of Drugs to include Methamphetamine, Opiates, Sedatives and Marijuana
- Acceptance vs. Compliance
- Introduction to sober support groups (12-Step programs)
- Alcohol/Drugs and the Law
- Anger Management
- Communication
- Defense systems including "Denial"
- Rational Emotive Behavioral Therapy (REBT)
- Stress Management
- Dry vs. Sober
- Chemicals and the Personality
- Consequences of Addiction
- The Recovery Process

If further information is needed, then please call Special Programs and Services at 702-267-1350