



City of Henderson Adult Soccer

RULES & REGULATIONS



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LEAGUE OVERVIEW

The City of Henderson Adult Soccer League strives to promote sportsmanship, competition, community involvement, and health and fitness in a recreational setting. This document serves to help guide the league to meet these goals and should not be used to gain a competitive advantage. This is a non-contact league; however, accidental contact may occur and penalties for contact may be assessed at the referee's discretion. Contact does not automatically mean a penalty. The City of Henderson reserves the right to modify any rule that it deems fit to better enhance the quality of the program at any point before, during or after the season.

ELIGIBILITY & ROSTER

1. Players participating in the City of Henderson Adult Soccer League must reach their 16th birthday prior to the start of league play.
 - a. All players under the age of 18 must have a waiver signed by their parent/legal guardian prior to playing in the league.
 - b. All players must have a form of legal identification (driver's license/military ID) in their possession at all league games.
2. Rosters are limited to 15 players.
3. Only managers are allowed to make changes to the team roster. Rosters must be submitted prior to the first match.
4. A player who appears on more than one league roster during any one season, plays under an assumed name, or misrepresents their eligibility status will be barred for the remainder of the season. Any player who does not personally sign the roster will be declared an illegal player. All games in which this player participated will be forfeited. Note: Any team using an illegal player will forfeit the games in question and the team will be ineligible for any league awards.
5. Sports staff may challenge eligibility at any time during or after the game.
6. Any player whose eligibility is challenged during the game must be able to produce positive picture ID on the spot. If they are unable to do so, the game will be forfeited.
7. All eligibility questions arising that are not specifically addressed in these rules will be decided by the Recreation program coordinator.
8. To be eligible for post-season play, players must appear on the official team roster and have played in at least one regular season game

MATCH FORMAT

1. Field dimensions are 60 yards wide by 40 yards wide
2. Goals size is approximately 8' x 8'
3. Match length consists of two 25-minute halves.
 - a. A running clock format is kept by the official
 - b. 3-minute halftime
4. All wins count as 3 points
 - a. 1 point for a tie
 - b. 0 points for a loss
5. All matches are 7 v 7
 - a. Teams must have a minimum of five players to avoid a forfeit.
 - b. Co-rec teams must have a minimum of two women among the five players to avoid a forfeit.
 - c. A 5-minute grace period is allowed for a team to field the minimum required.
7. In the event of a tie in regulation time, a golden goal overtime period will occur.
 - a. Regular season: 5-minute period that is 5v5
 - i. Co-rec: Two players on the field must be female
 - b. Playoffs: 8-minute period that is 7v7
 - c. In the event of a tie in the golden goal overtime period:
 - i. Regular season: Game is recorded as a tie
 - ii. Playoff: Five penalty kicks, if tied, then sudden death penalty kicks occur

EQUIPMENT REQUIREMENTS

1. Shin guards are required for participation in all games.
2. Each team must wear shirts or uniforms of the same color. Bring a white shirt as an alternate uniform to all games.
3. Goalie must wear a separate colored jersey from their teammates and opponents. Goalie may wear the same color socks as their teammates.
4. No steel cleats, sandals or open-toe shoes are allowed. Jewelry, casts, etc. cannot be worn if they have been deemed unsafe by the officials or staff.
5. All balls used in the match must be size 5.
6. All goals, game balls and corner flags are the property of the City of Henderson. Any damage or theft to these items could result in a forfeit or suspension.



MATCH RULES

1. League play is governed by the National Federation of State High School Associations (NFHS) and all City of Henderson supplemental rules.
2. All men's goals are scored as 1 point and women's goals are scored as 2 points (Co-rec only)
3. No offsides.
4. All free kicks are direct.
5. Substitutions are unlimited and can be made at any time during the match. Players must enter and exit through the substitution zone marked on the field. Exiting player must pass substitution line for the substituting player to enter the field of play.
 - a. When players not substituting in the proper area and affect game play, the 'interfering' players are assessed a yellow card.
6. No slide tackles, high kicks, bicycle kicks or overly aggressive play.
 - a. All calls are at the referees' discretion. Penalty will result in a direct free kick and can result in a yellow or red card

PLAYOFF FORMAT

1. There is a single-elimination playoff upon the conclusion of the regular season to determine the league champion.
2. Bracket seeding is determined by the regular season standings.
3. Tie breakers consist of the following:
 - a. Head to head
 - b. Goals allowed for the entire season
 - c. Goals scored for the entire season
 - d. Division record (If applicable)
 - e. Coin flip

FOULS AND MISCONDUCT

1. Any verbal abuse toward officials is not tolerated. Offensive language during games on and off the field are not tolerated
2. If a player receives a red card (or two yellow cards) they will be suspended the rest of the game and the next scheduled game (you play one player short the remainder of the game the red card was received). Any additional red cards received during the season result in suspension for the remainder of the season for the player.

3. If a game has to be stopped and forfeited due to multiple players' and fans' behavior, the entire team will be suspended for one week. If a second offense occurs, the team will be expelled from the league and must meet with the league coordinator in order to be reinstated. Reinstatement is at the discretion of the Sports Committee, which is composed of the Recreation program coordinator, Recreation Services supervisor and site staff.

FORFEITS

1. Games are forfeited if a team fails to appear on the field ready to play after time indicated by the official league schedule. Should neither team be able to field a team, the game will be recorded as a 'no contest' and both teams will be credited with a loss. A team is declared ready to play when they have the required amount of players present.
2. Any team forfeiting two games in the same season is subject to removal from the league without a refund.
3. Teams can avoid a two forfeiture disqualification by notifying the Sports Office at least 24 hours in advance of the scheduled game time.
 - a. All Sunday game forfeits must be made by 4pm on Saturday, before the Sports Office has closed for the week

MANAGER'S RESPONSIBILITIES

1. Managers are responsible for informing all team players of the rules, regulations and game times. All managers must keep a copy of these rules in their possession at all league games throughout the season.
2. Alcoholic beverages are prohibited by city ordinance #5, Section 1, HMC, and will not be permitted on the grounds of City of Henderson parks. Any coach, player, team or spectator in violation of the ordinance will be removed from the complex and subject to suspension and/or legal action.
3. Managers are responsible for keeping player rosters current through the entire season. All addresses and phone numbers must be current.
4. No smoking is permitted on the playing field or bench during pregame warmups or during the playing of a league contest. The manager must enforce this rule.
5. Managers must ensure the sideline areas are policed following each game. Trash should be deposited in containers provided. Teams leaving the area in unsightly condition are subject to league discipline.
6. The manager is responsible for the team's players and fans and is expected to curtail any excessive or unwarranted actions among them and the game in progress.
7. Managers must obtain information on cancelled games due to bad weather and notify players.

PLAYER'S CODE OF CONDUCT

1. Unsportsmanlike conduct is not be tolerated. If so directed by the referee, the ejected player(s) must leave from sight and sound of the playing field within a time period not to exceed one minute. Failure to comply is cause for forfeit and could prolong suspension. The referee must provide an ejection report to the Sports Office upon request.

UNSPORTSMANLIKE ACTS DEFINED

- Unnecessary rough tactics against an opposing player
 - Damage to the facilities
 - Abusive language or gestures, either directly or indirectly to a referee or opposing team
 - Throwing equipment in anger or disgust
 - Intentional delay of game tactics
 - Disruption of any league contest by verbal or physical abuse from a sideline or bleachers
1. A player is automatically suspended for at least one year from the date of incident for fighting or physical violence against another player or spectator.
 2. Any player or coach who strikes a referee or who pushes shoves or otherwise molests the person of a referee is automatically suspended for one year from the date of the incident. If a referee files assault and battery charges and the player is found guilty, in a court of law, he/she will be suspended for life.

DISQUALIFICATION/SUSPENSION PROCEDURE

1. Sports staff will review and transmit any reports along with their recommendations to the Recreation program coordinator, who has the authority to discipline individuals or groups in question in accordance to the severity of the incident.
2. A team or rostered player is entitled to a hearing with the Recreation program coordinator in a case where disciplinary action results in disqualification for more than two games. The team or rostered player will be notified in writing of the time, place and date of the hearing. Should the player fail to attend the hearing, the Recreation program coordinator will take the evidence from the reports provided.
3. After the hearing all of the evidence, the Recreation program coordinator will make a recommendation to the Recreation supervisor for disciplinary action against the player.

PROTESTS

1. All protests must be on the misinterpretation of a rule, failure to enforce rule or any failure to apply a proper penalty for a rule infraction.
2. **No protests will be heard involving accuracy of judgment of the official or Sports staff.**
3. If a protest arises during a game, the manager of the protesting team must notify the official and Sports staff prior to the next dead ball. This enables all parties to take notice of the conditions surrounding the making of the decision and aids in the determination of the issue. Upon conclusion of the game, the protest must be submitted in writing to the City of Henderson Public Works, Parks and Recreation Department Sports Office prior to Noon the day after the game being protested. All protests must be accompanied by a \$30 check made payable to City of Henderson to be refunded only if the protest is upheld. Note: The referee or Sports staff should note on the score card that the game is being played under protest.

A formal protest should contain the following information:

- a. Date, time and place of the game.
 - b. The rule and section of the official rules under which the protest is made.
 - c. The referee's decision and conditions surrounding the making of that decision.
 - d. All essential facts involved
4. The protest committee consists of the Recreation program supervisor, program coordinators, lead recreation assistant and Sports monitors. The decision of the committee is final.

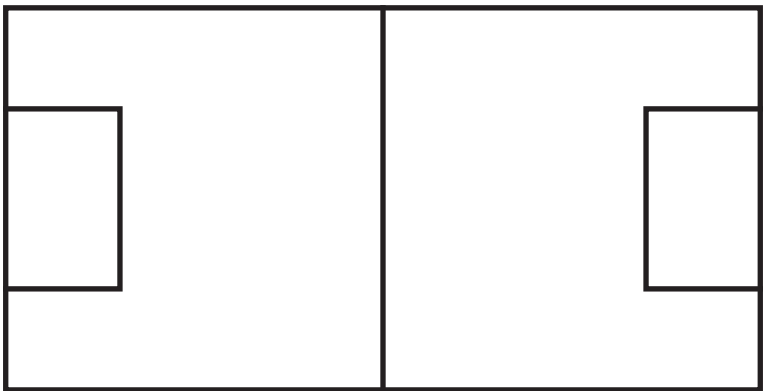
OFFICIALS

1. The City of Henderson and any contracted officials organization will exercise authority over assigned league rules.
2. Game officials are in complete charge of the game from 10 minutes prior to the game until the game ends. All league games are under the control of the officials and the City of Henderson staff and only managers may talk to officials on the field.
3. Team managers are responsible for the conduct of their players before, during and after the game.
4. Game officials are required to fill out a form with the Sports coordinator reporting any incident involving a rostered player, team or a team's spectators. The Recreation program coordinator and Recreation supervisor have the authority to discipline the offending individuals in accordance with the severity of the allegations.

- 5. All complaints regarding officials must be submitted in writing to the Sports Office. There are no exceptions.
- 6. Any rule or matter not specifically mentioned in this rulebook concerning league rules, policies or procedures fall under the jurisdiction of the Recreation program coordinator or supervisor. Their decisions are final.

AWAY TEAM

Substitution Zone



60 yards

Substitution Zone

HOME / SCORE TABLE

**City of Henderson
Parks and Recreation Department**

Sports Office

298 Arroyo Grande Blvd., Henderson, NV 89014

Phone: 702-267-5717 | Fax: 702-267-5703

Monday through Friday 8am to 7pm



cityofhenderson.com



Henderson Sports & Recreation