

July 2024 Healthy Henderson



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY 3 | THURSDAY | FRIDAY | SATURDAY 6 |
|--------|---|---|---|---|--|--|
| | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 2 stamps for swimming at one of our outdoor aquatic facilities | 1 stamp for 49 years and under for working out in the fitness room at one of our facilities BMRC, DRC, HMGC, VVRC, WRRC, SSRC | stamp for walking on minutes at one of our indoor walking tracks HMGC or DRC |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 2 stamps for swimming at one of our aquatic facilities HMCP, HMIP, HPAC, WRIP | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 2 stamps for walking 30 minutes at one of our indoor walking tracks HMGC or DRC | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 1 stamp for swimming at one of our aquatic facilities HMCP, HMIP, HPAC, WRIP |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 2 stamps for playing one hour of pickleball at Silver Springs Recreation Center | 1 stamp for 49 years and under for working out in the fitness room at one of our facilities BMRC, DRC, HMGC, VVRC, WRRC, SSRC | 2 stamps for swimming at one of our aquatic facilities HMCP, HMIP, HPAC, WRIP |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | 1 stamp for 50 years plus working out in the fitness room in one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 2 stamps for playing one hour of pickleball at Silver Springs Recreation Center | 2 stamps for working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 1 stamp for 49 years and under for working out in the fitness room at one of our facilities BMRC, DRC, HMGC, VVRC, WRRC, SSRC | 1 stamp for swimming at one of our aquatic facilities HMCP, HMIP, HPAC, WRIP |
| 28 | 29 | 30 | 31 | | • | • |
| | 2 stamps for swimming at one of our aquatic facilities HMCP, HMIP, HPAC, WRIP | 1 stamp for playing one hour of pickleball at Downtown Recreation Center | 1 stamp for 50 years plus working out in the fitness room at one of our facilities BMRC, DRC, HMGC, HPSF, VVRC, WRRC, SSRC | | | |

Rewards cards are valid for two years from the date of issue. Rewards and program rules are subject to change without notice and rewards are available while supplies last. Maximum two stamps per day. Other rules may apply.