

HENDERSON™



June 2024

Downtown Senior Center

27 E. Texas Ave. | 702-267-4150

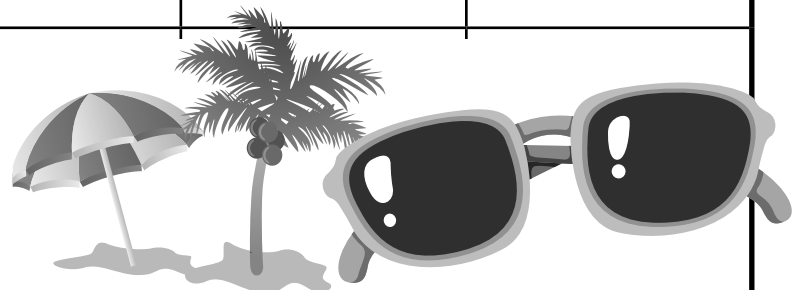
Meals served 11:15am to 12:15pm, Monday through Friday
60 years+ suggested donation \$2.50/Under 60 years \$5 per meal
To hear the current week's menu, call 702-267-DINE (3463).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Ham sandwich w/cheddar cheese Chips Applesauce Fruit cup 100% Fruit juice	4 Turkey sandwich w/ provolone cheese Hummus & pretzels Fruit cup Fresh fruit	5 Tuna salad sandwich on whole wheat bread Chips Applesauce Fresh fruit 100% Fruit juice	6 Roast beef sandwich w/ cheddar cheese Hummus & pretzels Fresh fruit 100% Fruit juice	7 Egg salad sandwich on whole wheat bread Chips Applesauce Fruit cup 100% Fruit juice
10 Ham sandwich w/cheddar cheese Chips Applesauce Fruit cup 100% Fruit juice	11 Turkey sandwich w/ provolone cheese Hummus & pretzels Fruit cup Fresh fruit	12 Tuna salad sandwich on whole wheat bread Chips Applesauce Fresh fruit 100% Fruit juice	13 Roast beef sandwich w/ cheddar cheese Hummus & pretzels Fresh fruit 100% Fruit juice	14 Egg salad sandwich on whole wheat bread Chips Applesauce Fruit cup 100% Fruit juice
17 Ham sandwich w/cheddar cheese Chips Applesauce Fruit cup 100% Fruit juice	18 Turkey sandwich w/ provolone cheese Hummus & pretzels Fruit cup Fresh fruit	19 Tuna salad sandwich on whole wheat bread Chips Applesauce Fresh fruit 100% Fruit juice	20 Roast beef sandwich w/ cheddar cheese Hummus & pretzels Fresh fruit 100% Fruit juice	21 Egg salad sandwich on whole wheat bread Chips Applesauce Fruit cup 100% Fruit juice
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Meals will be served cold.

You may request a Grab-And-Go meal.

Seating is limited.



Food allergy notice: Food items may contain these or other allergy-causing ingredients: nuts, milk, eggs, wheat, soybeans, peanuts, fish and shellfish.

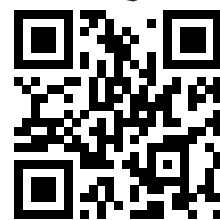
Menu Items subject to change. Milk is available with all meals Monday through Friday upon request.

SUMMER 2024 REGISTRATION

May 14 – Aug 18

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June 2024

Black Mountain Senior Nutrition | Meals on Wheels

300 S. Racetrack Rd. | 702-267-2960

Suggested donation of \$2.50 per meal delivered

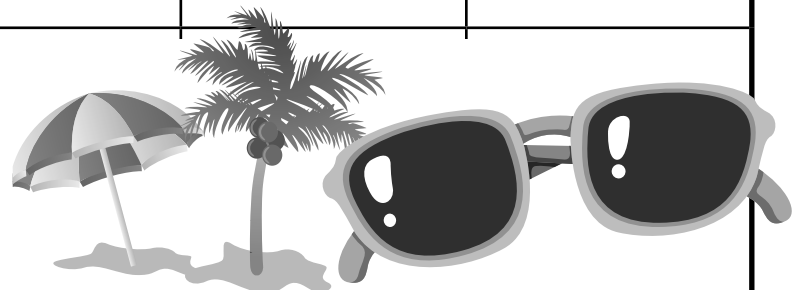
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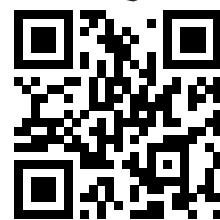
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June 2024

Heritage Park Senior Facility

300 S. Racetrack Rd. | 702-267-2950

Meals served 11am to 1pm, Monday through Friday

60 years+ suggested donation \$2.50/Under 60 years \$5 per meal

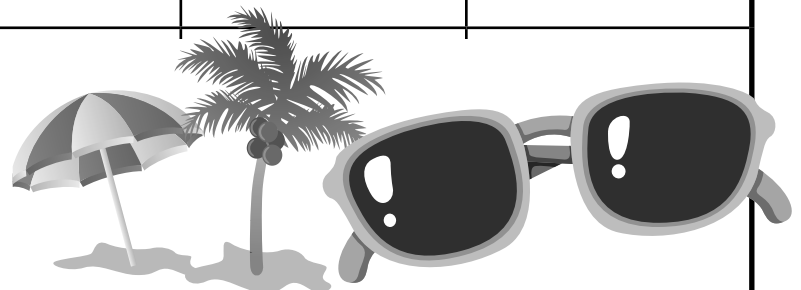
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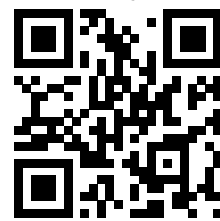
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