HENDERSON Winter 2024 CLASSES & EVENTS

WARM UP THIS WINTER WITH ADAPTIVE RECREATION AND INCLUSION SERVICES!

CLASSES

Adaptive Crafty Class: Crochet

Come get crafty with us! Learn a new skill or come for practice and socialization while we learn to crochet different projects that participants will take home each week. This is made for beginner level and will help build fine motor skills and practice patience. You must be able to learn with minimal repetitive directions/supervision. Supervision and supplies are included. This class is for individuals with disabilities. Register by Feb 6.

Location: HMGC

AGE DAY TIME DATE COST CODE 18+ T,Th 6:30 pm-7:30 pm 01/23-03/07 \$37.00 491231-00





NEW! Folk Dancing

Come learn some fun dances from the olden days and some fun ones that will make you smile. These will be easy dances to follow so no skills needed to join us! This is a class for individuals with disabilities. Supervision included. Register by the Monday before each session begins.

Location: WRRC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------------|---------|-----------|
| 13+ | Th | 6:30 pm-7:30 pm | 01/11-02/08 | \$25.00 | 491240-00 |
| 13+ | Th | 6:30 pm-7:30 pm | 02/15-03/07 | \$25.00 | 491240-01 |

NEW! Non-Mounted Horse Therapy

Participants will take part in activities such as grooming, bathing, petting, hugging, and feeding the horses. Non-mounted horse therapy can reduce anxiety, improve fine motor skills, and overall well-being! This is a class for individuals with disabilities. Transportation and supervision included. Register by Jan 12.

Location: BMRC

AGE DAY TIME DATE COST CODE 13+ Sa 8:30 am-11:00 am 01/20-02/10 \$150.00 491241-00



NEW! Sign Language for Beginners

Learn basic sign language skills to communicate to friends, loved ones or just to have a new skill. This is a class for individuals with and without disabilities. Supervision included. Register by the Tuesday before each session begins.

Location: BMRC

| AGE | DAY | TIME | DATE | COST | CODE | | | |
|-----|-----|-----------------|-------------|---------|-----------|--|--|--|
| 12+ | Sa | 1:00 pm-3:00 pm | 01/13-02/10 | \$30.00 | 491033-00 | | | |
| 12+ | Sa | 1:00 pm-3:00 pm | 02/17-03/09 | \$30.00 | 491033-01 | | | |

NEW! Mini Goat Therapy

Participants will take part in some quality time with mini goats petting, walking, talking with them and more. This is a class for individuals with disabilities. Transportation and supervision included. Register by Feb 9.

Location: BMRC

AGE DAY TIME DATE COST CODE 13+ Sa 8:30am-11am 02/17-03/09 \$71.00 491242-00

Adaptive Splash

This class is designed to familiarize participants with special needs with the water. They learn basic swimming skills, along with the fundamentals of water safety. All activities are adapted to fit participants' needs. The class is offered in a small group setting for swimmers with little or no experience. The goal is to build confidence in and around the water.

| ın an | in and around the water. | | | | | | | | |
|-------|--------------------------|--------------|-------------|------|-----------|--|--|--|--|
| Loca | Location: HMIP | | | | | | | | |
| AGE | DAY | TIME | DATE | COST | CODE | | | | |
| 3-18 | T,Th | 6:00-6:30 pm | 01/02-01/25 | Free | 491077-00 | | | | |
| 3-18 | T,Th | 6:45-7:15 pm | 01/02-01/25 | Free | 491077-01 | | | | |
| 3-18 | T,Th | 6:00-6:30 pm | 02/06-02/29 | Free | 491077-02 | | | | |
| 3-18 | T,Th | 6:45-7:15 pm | 02/06-02/29 | Free | 491077-03 | | | | |
| 3-18 | T,Th | 6:00-6:30 pm | 03/05-03/28 | Free | 491077-04 | | | | |
| 3-18 | T,Th | 6:45-7:15 pm | 03/05-03/28 | Free | 491077-05 | | | | |
| Loca | tion: | HPAC | | | | | | | |
| AGE | DAY | TIME | DATE | COST | CODE | | | | |
| 3-18 | M,W | 5:00-5:30 pm | 01/03-01/24 | Free | 491077-06 | | | | |
| 3-18 | M,W | 5:00-5:30 pm | 02/05-02/28 | Free | 491077-07 | | | | |
| 3-18 | M,W | 5:00-5:30 pm | 03/04-03/27 | Free | 491077-08 | | | | |
| Loca | tion: \ | WRIP | | | | | | | |
| AGE | DAY | TIME | DATE | COST | CODE | | | | |
| 3-18 | T,Th | 4:30-5:00 pm | 01/02-01/25 | Free | 491077-09 | | | | |
| 3-18 | T,Th | 5:15-5:45 pm | 01/02-01/25 | Free | 491077-10 | | | | |
| 3-18 | T,Th | 4:30-5:00 pm | 02/06-02/29 | Free | 491077-11 | | | | |
| 3-18 | T,Th | 5:15-5:45 pm | 02/06-02/29 | Free | 491077-12 | | | | |
| 3-18 | T,Th | 4:30-5:00 pm | 03/05-03/28 | Free | 491077-13 | | | | |
| 3-18 | T,Th | 5:15-5:45 pm | 03/05-03/28 | Free | 491077-14 | | | | |
| | | | | | | | | | |

PROGRAMS

Open Gym: Wheelchair Basketball

Join us each week to sharpen your skills or be introduced to a new sport. Come shoot hoops and make some friends. We strongly encourage you to bring your own sports wheelchair as limited sports wheelchairs are available on site. All abilities ages 18+ are welcome. We welcome veterans to attend as we a build adaptive programming for disabled veterans.

Location: DRC

AGE DAY TIME DATE COST
18+ W 6:30-8:00 pm 02/21-11/27 Free with
Participant ID card



Veterans Adaptive Pickleball

Learn a sport that's growing in popularity among veterans: pickleball! This free weekly program is designed for beginner level to experienced pickleball players. Sports chairs are available for use, and Southern Nevada Pickleball will provide experienced, veteran volunteers. To register you must sign up for a Military Annual Participation Card by showing valid military identification.

Location: SSRC

AGE DAY TIME DATE COST

18+ W 8:30 am-11:00 am ongoing Free with Military Participant ID card



EVENTS

NEW! Disney On Ice

Join us for a wonderful performance of Disney On Ice at the Thomas and Mack where you will experience Disney's Frozen/Encanto ice show. Dress warm as it will be chilly in the building. Bring your camera and money for snacks and souvenirs. Transportation and supervision included. This is for individuals with disabilities. Register by Jan 4.

Location: HMGC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|------------------|-------|---------|-----------|
| 13+ | Sa | 10:15 am-1:30 pm | 01/06 | \$38.00 | 491243-00 |

NEW! Drum Circle

Come join us as we take part in a drumming circle. Equipment will be supplied so all you need to do is bring yourself and your willingness to participate. It can be relaxing, invigorating or healing, so come see what it is all about! This class is for individuals with and without disabilities. All children under 18 must be accompanied by a registered adult. Register by the Monday before each date.

Location: WRRC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------|---------|-----------|
| 6+ | M | 6:30 pm-7:30 pm | 01/08 | \$19.00 | 491244-00 |
| 6+ | M | 6:30 pm-7:30 pm | 02/05 | \$19.00 | 491244-01 |
| 6+ | M | 6:30 pm-7:30 pm | 03/04 | \$19.00 | 491244-02 |

NEW! The View Crew

Join us at Sunset Pizzeria for dinner and then a show across the parking lot at the Cinedome Theater. This includes dinner and supervision. Participants bring money for movie ticket and snacks. This is for individuals with disabilities. Register by the Tuesday before each date.

Location: Sunset Pizzeria 869 S Boulder Hwy, Henderson

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------|---------|-----------|
| 13+ | Fri | 6:00 pm-9:30 pm | 01/12 | \$25.00 | 491245-00 |
| 13+ | Fri | 6:00 pm-9:30 pm | 01/26 | \$25.00 | 491245-01 |
| 13+ | Fri | 6:00 pm-9:30 pm | 02/09 | \$25.00 | 491245-02 |
| 13+ | Fri | 6:00 pm-9:30 pm | 02/23 | \$25.00 | 491245-03 |
| 13+ | Fri | 6:00 pm-9:30 pm | 03/08 | \$25.00 | 491245-04 |

The Lunch Bunch Series

Meet us for a tasty lunch and conversation with a bunch of friends! Participants bring money for lunch and tip. Supervision included. Transportation and supervision included. This is for individuals with disabilities.

Wahoo's | Register by Jan 18.

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| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|------------------|-------|--------|-----------|
| 14+ | Sa | 11:30 am-1:15 nm | 01/20 | \$9.00 | 491201-00 |

Fausto's | Register by Feb 22.

Location: RMRC

| Location. Divino | | | | | | | | | |
|------------------|-----|------------------|-------|--------|-----------|--|--|--|--|
| AGE | DAY | TIME | DATE | COST | CODE | | | | |
| 14+ | Sa | 11:30 am-1:15 pm | 02/24 | \$9.00 | 491201-01 | | | | |

Disability Resource Information Meeting

Are you looking for some information to assist you/your child in getting some disability resources? We will be providing information meetings with different organizations to talk about what services they provide and answer any questions you may have. Register by Jan. 21.

Representatives from Nevada Care Connect, Autism Treatment Assistance Program (ATAP), Project FOCUS (through UNLV), and a disability lawyer specializing in trust for individuals with disabilities will be joining us.

Location: HMGC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------|------|-----------|
| 18+ | T | 6:00 pm-8:00 pm | 01/23 | Free | 491237-00 |

NEW! Much Ado About Nothing

Join us as we travel to the Charleston Heights Theater to see the youth production of this Shakespeare play. Admission, transportation, and supervision included. This is for individuals with disabilities. Register by Feb 15.

Location: BMRC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------|---------|-----------|
| 13+ | Sa | 2:00 pm-4:30 pm | 02/17 | \$22.00 | 491246-00 |

NEW! Cornhole & Dinner

Make new friends and have some fun by joining us for a light dinner and then play some games of Cornhole! Dinner and supervision included. This is for individuals with disabilities. Transportation will be provided if participants are also enrolled in the On the Go program before this class. Register by the Thurs before each date.

Location: BMRC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|----------------|-------|---------|-----------|
| 13+ | M | 5:45pm-7:15 pm | 02/26 | \$15.00 | 491247-00 |
| 13+ | M | 5:45pm-7:15 pm | 03/11 | \$15.00 | 491247-01 |

CAMPS

Adaptive Music & Theater Camp

We are partnering with Vegas City Opera to provide this camp for some fun and performances! Participants will choose what they want to perform, practice, and make props for each of them. They will have a recital on Friday that friends and family may come to see. Supervision and supplies are included. This camp is for individuals with disabilities. Register by Mar 4.

Location: WRRC

| AGE | DAY | TIME | DATE | COST | CODE |
|-----|-----|-----------------|-------------|----------|-----------|
| 14+ | M-F | 1:30 pm-5:30 pm | 03/11-03/15 | \$129.00 | 491165-00 |



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Adaptive Recreation & Inclusion Services 702-267-4065 | hendersonhappenings.com

